Versie 13 AUG 2022 **TRAININGSCHEMA HVCH SEIZOEN 2022-2023** **VELDBEZETTING**

VELD:	2A	2B	2C	2D	6A	6B	6C	6D	7A	7B	7C	7D	8A	8B	8C	8D	9A	9B
Maandag																		
17.45 - 18.00																		
18.00 - 18.15	JO-11 circuit training				JO-10 circuit training				JO-8 circuit training				JO-9 circuit training				JO-10 ipv veld 6	
18.15 - 18.30																		
18.30 - 18.45																		
18.45 - 19.00																		
19.00 - 19.15	keepers	G-team	G-team	G-team	JO-12 circuit training				JO15-1	JO15-1	JO15-2	JO15-2	MO15-1	MO15-1	MO17-1	MO17-1	JO-12 ipv veld 6	
19.15 - 19.30	keepers	G-team	G-team	G-team					JO15-1	JO15-1	JO15-2	JO15-2	MO15-1	MO15-1	MO17-1	MO17-1		
19.30 - 19.45	keepers	G-team	G-team	G-team					JO15-1	JO15-1	JO15-2	JO15-2	MO15-1	MO15-1	MO17-1	MO17-1		
19.45 - 20.00	keepers	G-team	G-team	G-team					JO15-1	JO15-1	JO15-2	JO15-2	MO15-1	MO15-1	MO17-1	MO17-1		
20.00 - 20.15	keepers	keepers	JO19-1	JO19-1	vrijhouden inhaalwedstrijden				JO15-1	JO15-1	JO15-2	JO15-2	MO15-1	MO15-1	MO17-1	MO17-1		
20.15 - 20.30	keepers	keepers	JO19-1	JO19-1					JO17-1	JO17-1	JO17-2	JO17-2	JO17-3	JO17-3	JO17-4	JO17-4		
20.30 - 20.45	keepers	keepers	JO19-1	JO19-1					JO17-1	JO17-1	JO17-2	JO17-2	JO17-3	JO17-3	JO17-4	JO17-4		
20.45 - 21.00	keepers	keepers	JO19-1	JO19-1					JO17-1	JO17-1	JO17-2	JO17-2	JO17-3	JO17-3	JO17-4	JO17-4		
21.00 - 21.15	keepers	keepers	JO19-1	JO19-1					JO17-1	JO17-1	JO17-2	JO17-2	JO17-3	JO17-3	JO17-4	JO17-4		
21.15 - 21.30	keepers	keepers	JO19-1	JO19-1					JO17-1	JO17-1	JO17-2	JO17-2	JO17-3	JO17-3	JO17-4	JO17-4		
21.30 - 21.45	keepers	keepers							JO17-1	JO17-1	JO17-2	JO17-2	JO17-3	JO17-3	JO17-4	JO17-4		
21.45 - 22.00																		

VELD:	2A	2B	2C	2D	6A	6B	6C	6D	7A	7B	7C	7D	8A	8B	8C	8D	9A	9B
Dinsdag																		
17.45-18.00																		
18.00 - 18.15	keepers	keepers																
18.15 - 18.30	keepers	keepers																
18.30 - 18.45	keepers	keepers	JO13-1	JO13-1	JO13-2	JO13-2	JO14-1	JO14-1	JO14 - 1+2+3				JO13-2+3			M013-1		
18.45 - 19.00	keepers	keepers	JO13-1	JO13-1	JO13-2	JO13-2	JO14-1	JO14-1								M013-1		
19.00 - 19.15	keepers	keepers	JO13-1	JO13-1	JO13-2	JO13-2	JO14-1	JO14-1								M013-1	VR-2 & 3	VR-2 & 3
19.15 - 19.30	keepers	keepers	JO13-1	JO13-1	JO13-2	JO13-2	JO14-1	JO14-1								M013-1	VR-2 & 3	VR-2 & 3
19.30 - 19.45	keepers	keepers	JO13-1	JO13-1	JO13-2	JO13-2	JO14-1	JO14-1								M013-1	VR-2 & 3	VR-2 & 3
19.45 - 20.00	keepers	keepers	JO13-1	JO13-1	JO13-2	JO13-2	JO14-1	JO14-1								M013-1	VR-2 & 3	VR-2 & 3
20.00 - 20.15	1 + herstel ipv veld 6		VR-1	VR-1	1 + herstel	1	1	1	H2		JO19-2		9	9	10	10	JO19-3	
20.15 - 20.30			VR-1	VR-1	1 + herstel	1	1	1					9	9	10	10		
20.30 - 20.45			VR-1	VR-1	1 + herstel	1	1	1					9	9	10	10		
20.45 - 21.00			VR-1	VR-1	1 + herstel	1	1	1					9	9	10	10		
21.00 - 21.15			VR-1	VR-1	1 + herstel	1	1	1					9	9	10	10		
21.15 - 21.30			VR-1	VR-1	1 + herstel	1	1	1					9	9	10	10		
21.30-21.45																		
21.45 - 22.00																		

VELD:	2A	2B	2C	2D	6A	6B	6C	6D	7A	7B	7C	7D	8A	8B	8C	8D	9A	9B
Woensdag																		
woensdagmiddag 14.30-15.30	JO-6 (mini's)																	
17.00 - 17.15	JO-7																	
17.15 - 17.30																		
17.30 - 17.45																		
17.45 -18.00																		
18.00 - 18.15	JO-10 half veld		JO-8 ipv veld 6		JO-8								JO-11				JO-9	
18.15 - 18.30																		
18.30 - 18.45									JO15-1	JO15-1	JO15-2	JO15-2						
18.45 - 19.00									JO15-1	JO15-1	JO15-2	JO15-2						
19.00 - 19.15	JO-12				MO17-1	MO17-1	MO15-1	MO15-1	JO15-1	JO15-1	JO15-2	JO15-2	MO17-1 ipv veld 6		MO15-1 ipv veld 6		JO17-4	JO17-4
19.15 - 19.30					MO17-1	MO17-1	MO15-1	MO15-1	JO15-1	JO15-1	JO15-2	JO15-2					JO17-4	JO17-4
19.30 - 19.45					MO17-1	MO17-1	MO15-1	MO15-1	JO15-1	JO15-1	JO15-2	JO15-2					JO17-4	JO17-4
19.45 - 20.00					MO17-1	MO17-1	MO15-1	MO15-1	JO15-1	JO15-1	JO15-2	JO15-2					JO17-4	JO17-4
20.00 - 20.15	JO17-1	JO17-1	JO17-2	JO17-2	MO17-1	VR-3	MO15-1	MO15-1	H4 ipv veld 6		8	13	6	12	7	14	VR-3 ipv veld 6	16
20.15 - 20.30	JO17-1	JO17-1	JO17-2	JO17-2	VR-3	VR-3	4	4			8	13	6	12	7	14		16
20.30 - 20.45	JO17-1	JO17-1	JO17-2	JO17-2	VR-3	VR-3	4	4			8	13	6	12	7	14		16
20.45 - 21.00	JO17-1	JO17-1	JO17-2	JO17-2	VR-3	VR-3	4	4			8	13	6	12	7	14		16
21.00 - 21.15	JO17-1	JO17-1	JO17-2	JO17-2	VR-3	VR-3	4	4			8	13	6	12	7	14		16
21.15 - 21.30	JO17-1	JO17-1	JO17-2	JO17-2	VR-3	VR-3	4	4			8	13	6	12	7	14		16
21.30-21.45							4	4										
21.45 - 22.00																		

VELD:	2A	2B	2C	2D	6A	6B	6C	6D	7A	7B	7C	7D	8A	8B	8C	8D	9A	9B
Donderdag																		
17.45-18.00																		
18.00 - 18.15																		
18.15 - 18.30																		
18.30 - 18.45			JO13-2	JO13-2	JO13-3	JO13-3	JO13-1	JO13-1	MO13-1	MO13-1	JO13-1 ipv veld 6		JO14 1+2+3				JO13-3 ipv veld 6	
18.45 - 19.00			JO13-2	JO13-2	JO13-3	JO13-3	JO13-1	JO13-1	MO13-1	MO13-1								
19.00 - 19.15	JO19-1	JO19-1	JO13-2	JO13-2	JO13-3	JO13-3	JO13-1	JO13-1	MO13-1	MO13-1								
19.15 - 19.30	JO19-1	JO19-1	JO13-2	JO13-2	JO13-3	JO13-3	JO13-1	JO13-1	MO13-1	MO13-1								
19.30 - 19.45	JO19-1	JO19-1	JO13-2	JO13-2	JO13-3	JO13-3	JO13-1	JO13-1	MO13-1	MO13-1								
19.45 - 20.00	JO19-1	JO19-1	JO13-2	JO13-2	JO13-3	JO13-3	JO13-1	JO13-1	MO13-1	MO13-1								
20.00 - 20.15	JO19-1	JO19-1	1	1	VR-1	VR-1	2	2	VR-1 ipv veld 6		H2 ipv veld 6		H3		5	11	15	VR-2
20.15 - 20.30	JO19-1	JO19-1	1	1	VR-1	VR-1	2	2										
20.30 - 20.45	1	1	1	1	VR-1	VR-1	2	2										
20.45 - 21.00	1	1	1	1	VR-1	VR-1	2	2										
21.00 - 21.15	1	1	1	1	VR-1	VR-1	2	2										
21.15 - 21.30	1	1	1	1	VR-1	VR-1	2	2										
21.30 - 21.45	uitloop	uitloop	uitloop	uitloop	uitloop	uitloop	uitloop	uitloop										
21.45-22.00																		