versie 25 juli 2020

TRAININGSCHEMA HVCH SEIZOEN 2020-2021 KLEEDKAMERS

MAANDAG	1	2	3	4	5 en 6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
17.30 - 17.45																			
17.45 - 18.00			keepers	trainers					JO8-1+JO8-2	JO8-3+JO8-4	JO8-5	JO15-1	JO15-2						
18.00 - 18.15			keepers	trainers		JO10-1 + JO10-2	JO10-3 + JO10-4	JO10-5 + JO10-6	JO8-1+JO8-2	JO8-3+JO8-4	JO8-5	JO15-1	JO15-2						
18.15 - 18.30			keepers	trainers		JO10-1 + JO10-2	JO10-3 + JO10-4	JO10-5 + JO10-6	JO8-1+JO8-2	JO8-3+JO8-4	JO8-5	JO15-1	JO15-2						
18.30 - 18.45			keepers	trainers		JO10-1 + JO10-2	JO10-3 + JO10-4	JO10-5 + JO10-6	JO8-1+JO8-2	JO8-3+JO8-4	JO8-5	JO15-1	JO15-2						
18.45 - 19.00			keepers	trainers		JO10-1 + JO10-2	JO10-3 + JO10-4	JO10-5 + JO10-6	JO8-1+JO8-2	JO8-3+JO8-4	JO8-5	JO15-1	JO15-2			JO13-3	MO13-1	MO15-1	G-team
19.00 - 19.15			keepers	trainers		JO10-1 + JO10-2	JO10-3 + JO10-4	JO10-5 + JO10-6	JO8-1+JO8-2	JO8-3+JO8-4	JO8-5	JO15-1	JO15-2			JO13-3	MO13-1	MO15-1	G-team
19.15 - 19.30			keepers	trainers		JO10-1 + JO10-2	JO10-3 + JO10-4	JO10-5 + JO10-6	JO8-1+JO8-2	JO8-3+JO8-4	JO8-5	JO15-1	JO15-2	JO15-4	JO15-5	JO13-3	MO13-1	MO15-1	G-team
19.30 - 19.45		JO19-2	keepers	trainers		JO10-1 + JO10-2	JO10-3 + JO10-4	JO10-5 + JO10-6				JO15-1	JO15-2	JO15-4	JO15-5	JO13-3	MO13-1	MO15-1	G-team
19.45 - 20.00	JO19-1	JO19-2	keepers	trainers					JO17-1	JO17-2	JO17-3	JO15-1	JO15-2	JO15-4	JO15-5	JO13-3	MO13-1	MO15-1	G-team
20.00 - 20.15	JO19-1	JO19-2	keepers	trainers					JO17-1	JO17-1	JO17-3			JO15-4	JO15-5	JO13-3	MO13-1	MO15-1	G-team
20.15 - 20.30	JO19-1	JO19-2	keepers	trainers					JO17-1	JO17-1	JO17-3			JO15-4	JO15-5	JO13-3	MO13-1	MO15-1	G-team
20.30 - 20.45	JO19-1	JO19-2	keepers	trainers					JO17-1	JO17-1	JO17-3			JO15-4	JO15-5				G-team
20.45 - 21.00	JO19-1	JO19-2	keepers	trainers					JO17-1	JO17-1	JO17-3			JO15-4	JO15-5				
21.00 - 21.15	JO19-1	JO19-2	keepers	trainers					JO17-1	JO17-1	JO17-3								
21.15 - 21.30	JO19-1	JO19-2	keepers	trainers					JO17-1	JO17-1	JO17-3								
21.30 - 21.45	JO19-1	JO19-2	keepers	trainers					JO17-1	JO17-1									
21.45 - 22.00	JO19-1	JO19-2	keepers	trainers					JO17-1	JO17-1									
22.00 - 22.15	JO19-1																		
22.15 - 22.30																			

DINSDAG	1	2	3	4	5 en 6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
17.30 - 17.45						JO9-1 + JO9-2	JO9-3 + JO9-4	JO9-5											
17.45 - 18.00			keepers	trainers		JO9-1 + JO9-2	JO9-3 + JO9-4	JO9-5						JO13-4					
18.00 - 18.15			keepers	trainers		JO9-1 + JO9-2	JO9-3 + JO9-4	JO9-5						JO13-4					
18.15 - 18.30			keepers	trainers		JO9-1 + JO9-2	JO9-3 + JO9-4	JO9-5				JO13-1	JO13-2	JO13-4					
18.30 - 18.45			keepers	trainers		JO9-1 + JO9-2	JO9-3 + JO9-4	JO9-5	JO11-1 + JO11-2	JO11-3 + JO11-4	JO12-1 + JO12-2	JO13-1	JO13-2	JO13-4					
18.45 - 19.00			keepers	trainers		JO9-1 + JO9-2	JO9-3 + JO9-4	JO9-5	JO11-1 + JO11-2	JO11-3 + JO11-4	JO12-1 + JO12-2	JO13-1	JO13-2	JO13-4	JO15-3			MO17-1	
19.00 - 19.15			keepers	trainers		JO9-1 + JO9-2	JO9-3 + JO9-4	JO9-5	JO11-1 + JO11-2	JO11-3 + JO11-4	JO12-1 + JO12-2	JO13-1	JO13-2	JO13-4	JO15-3			MO17-1	
19.15 - 19.30			keepers	trainers					JO11-1 + JO11-2	JO11-3 + JO11-4	JO12-1 + JO12-2	JO13-1	JO13-2	JO13-4	JO15-3			MO17-1	
19.30 - 19.45	HVCH 1	HVCH 2	keepers	trainers					JO11-1 + JO11-2	JO11-3 + JO11-4	JO12-1 + JO12-2	JO13-1	JO13-2		JO15-3			MO17-1	VR1
19.45 - 20.00	HVCH 1	HVCH 2	keepers	trainers		JO19-3	JO19-4	JO17-4	JO11-1 + JO11-2	JO11-3 + JO11-4	JO12-1 + JO12-2	JO13-1	JO13-2	10	JO15-3			MO17-1	VR1
20.00 - 20.15	HVCH 1	HVCH 2	keepers	trainers		JO19-3	JO19-4	JO17-4	JO11-1 + JO11-2	JO11-3 + JO11-4	JO12-1 + JO12-2	JO13-1	JO13-2	10	JO15-3			MO17-1+keepers VR	VR1
20.15 - 20.30	HVCH 1	HVCH 2	keepers	trainers		JO19-3	JO19-4	JO17-4	JO11-1 + JO11-2	JO11-3 + JO11-4	JO12-1 + JO12-2	JO13-1	JO13-2	10	JO15-3			MO17-1+keepers VR	VR1
20.30 - 20.45	HVCH 1	HVCH 2		trainers		JO19-3	JO19-4	JO17-4						10				keepers VR	VR1
20.45 - 21.00	HVCH 1	HVCH 2		trainers		JO19-3	JO19-4	JO17-4						10				keepers VR	VR1
21.00 - 21.15	HVCH 1	HVCH 2		trainers		JO19-3	JO19-4	JO17-4						10				keepers VR	VR1
21.15 - 21.30	HVCH 1	HVCH 2		trainers		JO19-3	JO19-4	JO17-4						10				keepers VR	VR1
21.30 - 21.45	HVCH 1	HVCH 2		trainers		JO19-3	JO19-4	JO17-4						10				keepers VR	VR1
21.45 - 22.00	HVCH 1	HVCH 2		trainers		JO19-3	JO19-4	JO17-4						10				keepers VR	VR1
22.00 - 22.15																			
22.15 - 22.30																			

WOENSDAG	1	2	3	4	5 en 6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
14.15 - 16.00						JO6	JO7-1 + JO7-2												
17.30 - 17.45	JO15-1	JO15-2		trainers															
17.45 - 18.00	JO15-1	JO15-2		trainers		JO8-1+JO8-2	JO8-3+JO8-4	JO8-5											
18.00 - 18.15	JO15-1	JO15-2		trainers		JO8-1+JO8-2	JO8-3+JO8-4	JO8-5	JO10-1 + JO10-2	JO10-3 + JO10-4	JO10-5 + JO10-6								
18.15 - 18.30	JO15-1	JO15-2		trainers		JO8-1+JO8-2	JO8-3+JO8-4	JO8-5	JO10-1 + JO10-2	JO10-3 + JO10-4	JO10-5 + JO10-6								
18.30 - 18.45	JO15-1	JO15-2	JO13-3	trainers		JO8-1+JO8-2	JO8-3+JO8-4	JO8-5	JO10-1 + JO10-2	JO10-3 + JO10-4	JO10-5 + JO10-6		JO15-5				MO13-1		
18.45 - 19.00	JO15-1	JO15-2	JO13-3	trainers		JO8-1+JO8-2	JO8-3+JO8-4	JO8-5	JO10-1 + JO10-2	JO10-3 + JO10-4	JO10-5 + JO10-6	JO15-4	JO15-5	JO17-2	JO17-3		MO13-1	MO15-1	
19.00 - 19.15	JO15-1	JO15-2	JO13-3	trainers		JO8-1+JO8-2	JO8-3+JO8-4	JO8-5	JO10-1 + JO10-2	JO10-3 + JO10-4	JO10-5 + JO10-6	JO15-4	JO15-5	JO17-2	JO17-3	9	MO13-1	MO15-1	
19.15 - 19.30	JO15-1	JO15-2	JO13-3	trainers		JO8-1+JO8-2	JO8-3+JO8-4	JO8-5	JO10-1 + JO10-2	JO10-3 + JO10-4	JO10-5 + JO10-6	JO15-4	JO15-5	JO17-2	JO17-3	9	MO13-1	MO15-1	
19.30 - 19.45	JO15-1	JO15-2	JO13-3	trainers		13	16	18	JO10-1 + JO10-2	JO10-3 + JO10-4	JO10-5 + JO10-6	JO15-4	JO15-5	JO17-2	JO17-3	9	MO13-1	MO15-1	
19.45 - 20.00	JO17-1		JO13-3	trainers		13	16	18				JO15-4	JO15-5	JO17-2	JO17-3	9	MO13-1	MO15-1	VR 4
20.00 - 20.15	JO17-1	JO19-2	JO13-3	trainers		13	16	18				JO15-4	JO15-5	JO17-2	JO17-3	9	MO13-1	MO15-1	VR 4
20.15 - 20.30	JO17-1	JO19-2	4	trainers		13	16	18				JO15-4		JO17-2	JO17-3	9		MO15-1	VR 4
20.30 - 20.45	JO17-1	JO19-2	4	trainers		13	16	18		11	15		8	JO17-2		9			VR 4
20.45 - 21.00	JO17-1	JO19-2	4	trainers		13	16	18		11	15		8			9			VR 4
21.00 - 21.15	JO17-1	JO19-2	4	trainers		13	16	18		11	15		8			9			VR 4
21.15 - 21.30	JO17-1	JO19-2	4	trainers		13	16	18		11	15		8						VR 4
21.30 - 21.45	JO17-1	JO19-2	4	trainers						11	15		8						VR 4
21.45 - 22.00	JO17-1	JO19-2	4	trainers						11	15		8						VR 4
22.00 - 22.15		JO19-2	4	trainers						11	15		8						
22.15 - 22.30			4	trainers						11	15		8						

DONDERDAG	1	2	3	4	5 en 6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
17.30 - 17.45				trainers		JO9-1 + JO9-2	JO9-3 + JO9-4	JO9-5											
17.45 - 18.00				trainers		JO9-1 + JO9-2	JO9-3 + JO9-4	JO9-5			JO12-1 + JO12-2	JO13-1	JO13-2	JO13-4					
18.00 - 18.15				trainers		JO9-1 + JO9-2	JO9-3 + JO9-4	JO9-5			JO12-1 + JO12-2	JO13-1	JO13-2	JO13-4					
18.15 - 18.30				trainers		JO9-1 + JO9-2	JO9-3 + JO9-4	JO9-5			JO12-1 + JO12-2	JO13-1	JO13-2	JO13-4	JO15-3		VR 3		
18.30 - 18.45			JO19-1	trainers		JO9-1 + JO9-2	JO9-3 + JO9-4	JO9-5	JO11-1 + JO11-2	JO11-3 + JO11-4	JO12-1 + JO12-2	JO13-1	JO13-2	JO13-4	JO15-3		VR 3		
18.45 - 19.00			JO19-1	trainers		JO9-1 + JO9-2	JO9-3 + JO9-4	JO9-5	JO11-1 + JO11-2	JO11-3 + JO11-4	JO12-1 + JO12-2	JO13-1	JO13-2	JO13-4	JO15-3	MO17-1	VR 3		
19.00 - 19.15			JO19-1	trainers		JO9-1 + JO9-2	JO9-3 + JO9-4	JO9-5	JO11-1 + JO11-2	JO11-3 + JO11-4	JO12-1 + JO12-2	JO13-1	JO13-2	JO13-4	JO15-3	MO17-1	VR 3		
19.15 - 19.30			JO19-1	trainers		6	7	14	JO11-1 + JO11-2	JO11-3 + JO11-4	JO12-1 + JO12-2	JO13-1	JO13-2	JO13-4	JO15-3	MO17-1	VR 3		
19.30 - 19.45	HVCH 1	HVCH 2	JO19-1	trainers		6	7	14	JO11-1 + JO11-2	JO11-3 + JO11-4		JO13-1	JO13-2		JO15-3	MO17-1	VR 3		VR-1
19.45 - 20.00	HVCH 1	HVCH 2	JO19-1	trainers		6	7	14	JO11-1 + JO11-2	JO11-3 + JO11-4		JO13-1	JO13-2		JO15-3	MO17-1	VR 3		VR-1
20.00 - 20.15	HVCH 1	HVCH 2	JO19-1	trainers		6	7	14	JO11-1 + JO11-2	JO11-3 + JO11-4					JO15-3	MO17-1	VR 3	VR 2	VR-1
20.15 - 20.30	HVCH 1	HVCH 2	JO19-1	trainers		6	7	14	JO11-1 + JO11-2	JO11-3 + JO11-4	3	5	12	17	JO15-3	MO17-1	VR 3	VR 2	VR-1
20.30 - 20.45	HVCH 1	HVCH 2	JO19-1	trainers		6	7	14			3	5	12	17		MO17-1		VR 2	VR-1
20.45 - 21.00	HVCH 1	HVCH 2	JO19-1	trainers		6	7	14			3	5	12	17				VR 2	VR-1
21.00 - 21.15	HVCH 1	HVCH 2		trainers		6	7	14			3	5	12	17				VR 2	VR-1
21.15 - 21.30	HVCH 1	HVCH 2		trainers		6	7	14			3	5	12	17				VR 2	VR-1
21.30 - 21.45	HVCH 1	HVCH 2		trainers							3	5	12	17				VR 2	VR-1
21.45 - 22.00	HVCH 1	HVCH 2		trainers							3	5	12	17				VR 2	VR-1